

(第2号通知)

为扩大学术交流，强化学术精神，展示同向最新的天文学成果，围绕提高天文学前瞻影响力，促进天文研究和科普教育工作，扩大天文学术的影响，同时促进全市天文学会单位、会员之间的沟通与友谊，经协商天文学会联合会议，定于2025年12月13日至18日在泰山宾馆召开天文学部前设研討会暨三市天文学会2025年学术大会，具体事项通知如下：

一、会议时间与地点：

时间：2025年12月13日报到，14、15日学术会议，16日离会。

会议地点：泰山青年海悦度假酒店一楼大堂（地址：山东省泰安市泰山区青年街道升阳路以前青年路以南）。

二、会议内容

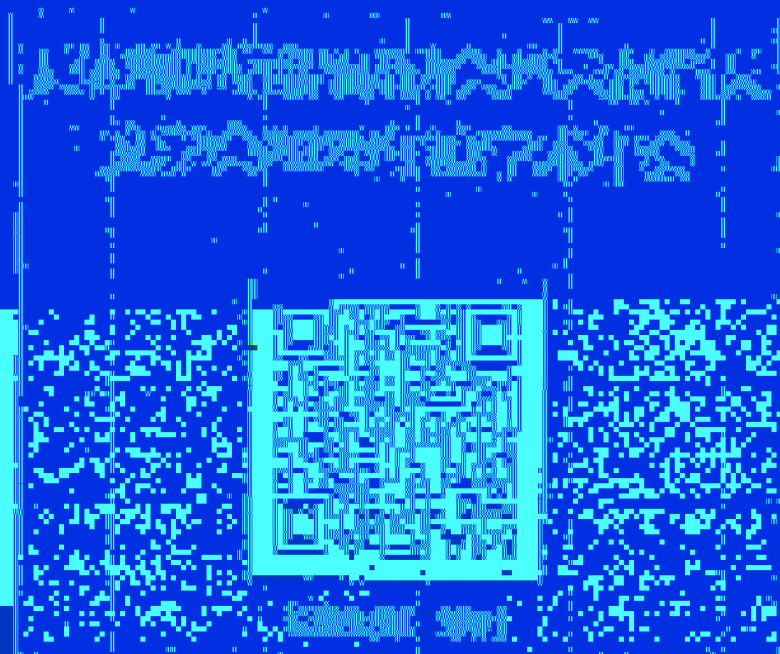
1. 听取报告：观测数据成果，行星物理、太阳物理、系外行星物理、引力波与宇宙物理、空间科学、天体力学与天体制造，天文新技术、射电天文、大型设备仪器研制、天文遗址、天文科普等。

2. 报告交流

学术交流报告、海报展示、全体合影等。

3. 会议服务：

午餐：统一在酒店用餐。报名截止时间：2025年11月20日。



四、注册缴费

年会采取线上注册缴费和现场注册缴费两种方式

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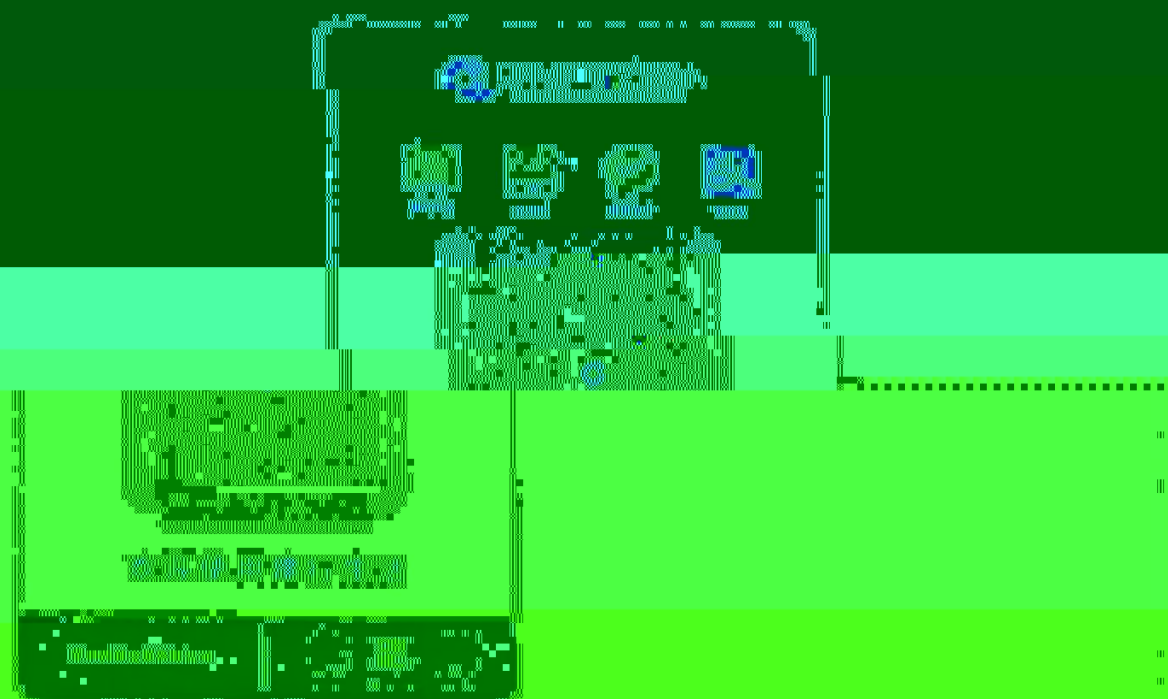
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Abstract The purpose of this study was to determine the effect of a 12-week, low-intensity, supervised walking program on the physical and psychological health of sedentary, middle-aged women. The study was a randomized, controlled trial. The subjects were 40 sedentary, middle-aged women who were randomly assigned to either a supervised walking program or a control group. The walking program consisted of 12 weeks of supervised walking, 3 times per week, for 30 minutes per session. The control group consisted of 20 women who did not participate in the walking program. The subjects were assessed at baseline and at 12 weeks. The walking program had a significant positive effect on the physical and psychological health of the subjects. The walking program significantly improved the subjects' physical health, as measured by the 6-minute walk test, and their psychological health, as measured by the Beck Depression Inventory and the State-Trait Anxiety Inventory. The walking program also had a significant positive effect on the subjects' quality of life, as measured by the SF-36. The walking program was well tolerated and had no adverse effects. The results of this study suggest that a supervised walking program can be an effective intervention for improving the physical and psychological health of sedentary, middle-aged women.

4444 J. Neurosci., September 24, 2008 • 28(39):4439–4446 • This article is freely available online at www.jneurosci.org.

11. **Development of a new product**

DATE OF BIRTH: 1940-01-01 DATE OF DEATH: 1940-01-01



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1. What is the purpose of the study?

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1. *Phragmites australis* (Cav.) Trin. ex Steud.

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1. 白天穿搭：白天最高温可达 22 - 24℃，穿长袖 T 恤、薄毛衣、卫衣即可，搭配休闲裤或牛仔裤；若午后日晒足觉得热，单穿长袖也合适，同时记得涂防晒霜、戴帽子做好防晒。

2. 夜间穿搭：夜间最低温 8 - 9℃，需增加保暖衣物，比如在白天穿搭基础上套一件风

等，有时因温差，会穿 11 件，每夜需换 3 次。

1. 晚上睡觉时，因室温低，需盖厚被子。

2. 白天活动时，会穿 11 件，会穿 11 件，会穿 11 件。

其他事项

有关会场地点及会议后续安排，将在 3 号通知中公布。

1. 会议期间，所有参会人员，均需在会议期间，将手机关机，或调至静音模式，不得在会场内使用手机。

2. 会议期间，所有参会人员，均需在会议期间，将手机关机，或调至静音模式，不得在会场内使用手机。

3. 会议期间，所有参会人员，均需在会议期间，将手机关机，或调至静音模式，不得在会场内使用手机。

4. 会议期间，所有参会人员，均需在会议期间，将手机关机，或调至静音模式，不得在会场内使用手机。

5. 会议期间，所有参会人员，均需在会议期间，将手机关机，或调至静音模式，不得在会场内使用手机。

6. 会议期间，所有参会人员，均需在会议期间，将手机关机，或调至静音模式，不得在会场内使用手机。

7. 会议期间，所有参会人员，均需在会议期间，将手机关机，或调至静音模式，不得在会场内使用手机。

8. 会议期间，所有参会人员，均需在会议期间，将手机关机，或调至静音模式，不得在会场内使用手机。

9. 会议期间，所有参会人员，均需在会议期间，将手机关机，或调至静音模式，不得在会场内使用手机。

10. 会议期间，所有参会人员，均需在会议期间，将手机关机，或调至静音模式，不得在会场内使用手机。

11. 会议期间，所有参会人员，均需在会议期间，将手机关机，或调至静音模式，不得在会场内使用手机。

12. 会议期间，所有参会人员，均需在会议期间，将手机关机，或调至静音模式，不得在会场内使用手机。

